

SECTION VIII BOYS MODIFIED BASKETBALL

The NYSPHSAA Modified Program has been approved by its member schools and is based on over twenty five years of experimentation and implementation with **SAFETY** as the major concern.

Game Rules: National Federation Rules

Game Conditions

1. A minimum of two nights rest between contests.
2. The maximum number of contests shall be 11.
3. **Eight** practices are required before the first scrimmage.
4. Two scrimmages will be permitted prior to the first game provided they are approved by the Athletic Director.
5. **Ten** practices are required before the first interschool contest date.
6. Contests may be played with only one night of rest three times per season for rescheduling purposes only.
7. A team may never play three days in a row.
8. There shall not be more than three contests played per calendar week.

Game Rules

1. **Rosters:** Rosters from both teams **MUST** be presented at the scorer's table prior to the start of the contest.
2. **Extended Playing Time Philosophy**
The Modified Athletic Council has developed rules for Middle School Athletics to maximize quality playing for all team members. It is the intent of extended playing time:
 - to provide an opportunity for team members to participate in every contest;
 - to equalize competition so that no overmatching of teams or individuals occurs.

If a team has fewer than the minimum number of players to play the 5 period concept the following game rules will apply.

A 4 quarter game will be played with the number of minutes being increased for each quarter (see chart below); however no player may play more than 3 quarters (*see exception). This will apply provided the team has a sufficient number of players so as not to exceed the State regulated playing time allocation for each sport (see chart below).

SPORT	TIME LIMITS	TIME LIMITS	TIME LIMITS	MINIMUM # OF PLAYERS REQUIRED
	Regulation Game	5 Period Play	4 Quarter Extended Play	
BASKETBALL	7 minute quarters	7 minute periods	9 minute quarters (quarter 1 8 minutes)	7

3. If less than 7 players on either squad, a regulation four quarter game shall be played with each quarter having a maximum length of 7 minutes.

Things to Remember:

Pressing is allowed in the final period of every game throughout the entire season. In a five period game, pressing is only allowed in the fifth period. In a four period game, pressing is only allowed in the fourth period. Pressing is allowed in all overtime periods.

If a game is tied at the end of regulation play, there will be an overtime period of one (4) minute in duration. If it is still tied, the game ends.

In a 4 period game, each team has 4 time outs that can be used at any time during the game. Each team also has 2-30 second time outs. Only one per half can be used. In games played with five (5) periods, an additional time out will be granted.

“Man to Man” Defense: Defense “man to man” only (within 6 feet), no double teaming and no isolation plays. It is illegal at this level to send players to the corners or one side of the court and have one player go one-on-one. The referees are required to enforce this rule – officials will stop play once, and ask the coach to enforce the spirit of the rule. If a team continues to be in violation of this rule, a Technical Foul will be assessed directly against the Head Coach and will be charged as a team foul. Two direct technical fouls against the Head Coach and he will be ejected.

“2–3” Zone Defense: *New* this year...defense is allowed to play a 2–3 Zone with no trapping.

The status of three (3) point shot will be discussed and voted upon by the High Athletic Association at a future meeting.

There is a ten (10) second back court violation.

New the ball that is being used this year is the regulation 29.5” size basketball.

Officials Ratings Cards - shall be filled out after each contest with thought to the professionalism of the official, and not based on the outcome of the game.

SECTION VIII SPORTSMANSHIP PHILOSOPHY

Sportsmanship (noun): Sportsmanship is a demonstration of generosity and genuine concern for others. It is a concrete measure of the understanding and commitment to fair play, ethical behavior and integrity.

A good sport... is a person known for the manner of his/her acceptance of the rules of the game or of a difficult situation.

“The NYSPHSAA requires Officials to enforce all Rules regarding unsportsmanlike conduct by coaches and players. There will be no tolerance for negative statements or actions between opposing players, especially trash-talking, taunting, or baiting of opponents. If such comments are heard, a penalty will be assessed immediately. The officials have been instructed not to issue warnings during the contest. It is strongly suggested that participants of this policy be frequently reminded of this.”

The Section VIII Athletic Associations are committed to promoting the ideals of sportsmanship. These include the concepts of ethical conduct and fair play by all who participate in, officiate, or attend our events and activities. We stand in opposition to all instances and activities which do not support the high standards of athletic competition and do not insure the well-being of our participants. We expect that a high standard of citizenship and respect for others will be evident at all interscholastic events.

We are also committed to the belief that all schools participating in Section VIII activities will be held responsible for the conduct of their players, coaches, faculty members and spectators. Conduct deemed detrimental to the values supported herein may be deemed just cause for reprimand, probation, suspension from a particular sport, or suspension from Section VIII activities.

4 Quarter Extended Playing Time Basketball Roster

List all Players:

#	Player	#	Player
1.	_____	6.	_____
2.	_____	7.	_____
3.	_____	8.	_____
4.	_____	9.	_____
5.	_____		

Every player is *ineligible* to play one of the 4 quarters.

Using the chart provided below list all players in one of the 4 quarters.

Use the legend at the bottom of the page to determine how many players must be listed for each quarter.

Quarter 1		Quarter 2	
#	Player	#	Player
1.	_____	1.	_____
2.	_____	2.	_____
3.	_____		

Quarter 3		Quarter 4	
#	Player	#	Player
1.	_____	1.	_____
2.	_____	2.	_____

Legend:

# of Players	Quarter 1	Quarter 2	Quarter 3	Quarter 4
7	2	2	2	1
8	2	2	2	2
9	3	2	2	2